



# imaginal

Remembering the Dream of your Soul

*Have you ever wondered how to deepen your connection to nature, and as a result connect more fully to your own soul?*

Imaginal facilitates workshops to deeply connect you to soul using the guidance and wisdom of nature and the practice of sacred circle.

We use a nature-based model of human development that honours the deeply imaginative capacities of the human soul.

Soul means the most authentic, deepest expression of who you are, and the way you bring your unique gifts to the world. Being in alignment with soul creates great healing and a powerful life.

## What is Sacred Circle?

We use sacred circle as a way of learning to be in community and exploring our deepest questions in a safe place. Sacred Circle facilitates deep listening, speaking from the heart and allowing each participant to be authentic. Circles are a representation of how the world really works - in circles, cycles and spirals, where all things are interconnected. The form of the circle is democratic, powerful and deeply healing.

nature circle soul

The logo for 'Circle Two Elements' features the text 'CIRCLE TWO' in a large, bold, orange sans-serif font, with 'Elements' in a smaller, orange sans-serif font below it. The text is enclosed within a dotted orange circle that is partially visible at the top and bottom edges.

# CIRCLE TWO Elements

## Restoring soul through the wisdom and magic of nature

*"The elements that surround us are not inert objects, but expressive subjects, entities, powers and potencies" – David Abram.*

Have you ever wondered how to deepen your connection to the wisdom and magic of nature, and as a result connect more fully to your own soul?

Have you ever sought a nature-based map of wholeness so you can discover which elements could bring more balance into your life?

By understanding your level of alignment with each of the four foundational elements of life - earth, air, fire and water - in their physical, metaphoric and archetypal aspects, you will discover a reflection of your own inner nature.

We will search for life patterns that enable us to connect to each of the elements so we can become flourishing, life-enhancing beings in the mysterious web of life.

We will also explore the elements of mystery and wildness, the elements of light and shadow.

In this experiential workshop series facilitated by Peter Brandis and Paula Forrest, we will meet in sacred circle once a week for 6 weeks to explore our connection to nature and soul by sharing our stories on various aspects of the four elements.

We use poetry, story telling, myth, deep imagination, journal writing and music and movement to deepen our connection to nature and soul.

Individual support and guidance is available throughout the six weeks if needed.

A dotted orange circle icon, similar to the one in the logo, containing the word 'DATES' in orange capital letters.

### DATES

Each Thursday evening for six weeks commencing on **6 May 2010** and ending on 10 June 2010.

**7:00 pm to 9:30 pm**

### LOCATION

75 Bay Road, Waverton,  
Lower North Shore, Sydney

### COST

\$235 for the six week course

### BOOKINGS AND ENQUIRIES

#### Phone:

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For more information visit [www.imaginal.com.au/events](http://www.imaginal.com.au/events)